

15 August 2016

Topic: Preventive measures against respiratory syncytial virus (RSV)

Dear parents,

Volatile weather during this season might be a cause of the spread of respiratory syncytial virus or RSV, which can cause symptoms similar to those of a cold, or worse, can lead to serious symptoms such as the infection of lungs. Present in air, this virus can be contagious via tactile contact via bodily fluids such as nasal mucus, saliva, and phlegm of those who have developed the virus. Vulnerable students are prone to contact the virus anywhere. Therefore, school would like to take the following preventive measures to fend off the virus.

- 1) Washing hands regularly This is a fundamental method to prevent students from contacting RSV, which can be easily transmitted via mouth, hand and skin contact. Therefore, students are required to wash their hands before entering classrooms and toilets and before eating.
- **2) Applying hand gel before entering classrooms** Every time before students enter their classrooms, their teachers will have them apply cleansing gel all over their hands to keep them clean and germ-free.
- 3) Spraying antiseptic School will spray antiseptic every other week in all school areas. The reason for doing this is that spraying antiseptic every week may cause the virus to be able to resist the antiseptic.
- <u>4) Spraying mosquito repellant</u> School will spray mosquito repellant every other week in mosquito-infested areas such as drains and toilets.
- <u>5) Eating freshly cooked food</u> School catering staff are well aware of the importance of the food that students eat, so they will make sure that students always eat food that is properly and freshly cooked.
- 6) Cleaning air conditioners School has its air conditioners cleaned annually and its air conditioner filters cleaned on a monthly basis so that the air in each classroom is sanitary and germfree. In case there is an outbreak of germs, school will shut down air conditioners; but electric fans will still be turned on as usual and windows will be opened to allow ventilation of fresh air.

7) Cleaning all toys - On Fridays, teachers have to clean students' toys with Dettol and

expose them to sunlight to get rid of germs. In case there is an outbreak of germs, however, school

will not allow students to share any toys with their friends.

8) Cleaning classrooms every day – Teachers have to always clean classrooms with Dettol

to exterminate germs.

9) Avoid using common rooms - Since diseases can easily spread among students during

this season, it is advised that common rooms such as the Yoga room and the Jungle Gym be avoided.

During this period, teachers will go to each classroom individually.

10) Taking school leave when having a runny nose, coughing, sneezing, or having

phlegm - Students having these symptoms should stay home because these symptoms can easily be

transmitted to their friends. Normally, the school nurse is responsible for separating seemingly sick

students from other students and notifying students' parents to take them to doctors.

In addition to the strict regular cleanliness measures above, school will intensify the level of

cleanliness measures by having classrooms cleaned with Dettol more frequently in order to

exterminate germs. School will also notify all teachers to closely monitor and take care of students

to protect them from various diseases. The weather can be variable, especially during the rainy

season; hence RSV can spread in many public areas such as restaurants, department stores, learning

centers, supermarkets, etc. Therefore, please allow students to suspend their studies immediately if

they are sick or have a fever or a runny nose. Even though they do not contact RSV they have to stay

home until they are well enough to resume their studies, or else students will take longer time to

recover while risking contacting the virus.

Last but not least, school would like to thank parents for always cooperating with and

understanding school.

Yours Sincerely,

(Mrs. Paweenrat Boonsawat)

Director of Infant Department













